

Theragun Relief Massage Gun giveaway T&Cs

1. The promoter is Avant Homes Limited ("Avant"). Avant is registered in England and Wales under company number 03215228 and we have our registered office at Avant House, 6 and 9 Tallys End, Barlborough S43 4WP. Our VAT number is 181 3492 62.
2. The competition is open to residents of the United Kingdom except employees of Avant and their close relatives and anyone otherwise connected with the organisation or judging of the competition.
3. There is no entry fee and no purchase necessary to enter this competition.
4. By entering this competition, an entrant is indicating his/her agreement to be bound by these terms and conditions.
5. Route to entry for the competition and details of how to enter are via https://www.instagram.com/avant_homes/
6. Multiple entries from the same person are permitted.
7. Closing date for entry in the competition is Sunday 26th January 2025. After the closing date and time, no further entries to the competition will be permitted.
8. No responsibility can be accepted for entries not received for whatever reason.
9. The rules of the competition and how to enter are as follows:
 1. Like the giveaway post
 2. Comment and tag three friends who you think would like to win
 3. Follow @Avant_Homes
10. Winners must provide their address by Monday 3rd February 2025. The promoter reserves the right to cancel or amend the competition and these terms and conditions without notice in the event of a catastrophe, war, civil or military disturbance, act of God or any actual or anticipated breach of any applicable law or regulation or any other event outside of the promoter's control. Any changes to the competition will be notified to entrants as soon as possible by the promoter.
11. The promoter is not responsible for inaccurate prize details supplied to any entrant by any third party connected with this competition.
12. The prize is as follows: Theragun Relief Massage Gun. The prizes are as stated, and no cash or other alternatives will be offered. The prizes are not transferable. Prizes are subject to availability and we reserve the right to substitute any prize with another of equivalent value without giving notice.
13. Winners will be chosen at random by software, from all entries received and verified by Promoter and or its agents.
14. The winners will be notified by DM on Instagram the day after the closing date. If the winner cannot be contacted or do not provide delivery details by Monday 3rd February 2025 at 4pm, we reserve the right to withdraw the prize and pick a replacement winner.
15. The promoter will notify the winner when the prize is delivered.
16. The promoter's decision in respect of all matters to do with the competition will be final and no correspondence will be entered into.
17. By entering this competition, an entrant is indicating his/her agreement to be bound by these terms and conditions.

18. The competition and these terms and conditions will be governed by English law and any disputes will be subject to the exclusive jurisdiction of the courts of England.
19. The winner agrees to the use of his/her name and image in any publicity material, as well as their entry. Any personal data relating to the winner or any other entrants will be used solely in accordance with current UK data protection legislation and will not be disclosed to a third party without the entrant's prior consent.
20. The winner's name will be available 28 days after closing date by messaging (DM) @avant_homes on Instagram.
21. Entry into the competition will be deemed as acceptance of these terms and conditions.
22. This promotion is in no way sponsored, endorsed, or administered by, or associated with Instagram or any other Social Network. You are providing your information to Avant and not to any other party. The information provided will be used in conjunction with the following Privacy Policy found at <https://www.avanthomes.co.uk/privacy-policy/>
23. Avant shall have the right, at its sole discretion and at any time, to change or modify these terms and conditions, such change shall be effective immediately upon posting to this webpage.